

# THE 2023 RSC G7 RESEARCH SUMMIT ON HEALTHY AGING

## HEALTHY PEOPLE, HEALTHY PLANET



#### NIAGARA FALLS | NOVEMBER 13-15 | MARRIOTT FALLSVIEW NIAGARA FALLS HOTEL AND SPA

| MONDAY,  | NOVEMBER 1  | 3  |  |
|----------|---|--|--|
| 6:00 pm  | Opening Reception   Salon ABC   |  |  |
| TUESDAY, | NOVEMBER 14   | 4  |  |
| 7:00 am  | Breakfast Begins   Salon ABC  |  |  |
| 8:15 am  | Welcoming<br>Address  | Jeremy McNeil, Past-President, RSC, Western University   |  |
|          | Indigenous<br>Blessing  | Strong Water Singers, Anishinaabe drumming group   |  |
|          | Opening<br>Remarks  | Bernie Duncker, Associate Vice-President, Research and International, University of Waterloo   |  |
| 9:00 am  | KEYNOTE PRESENTATION  |  |  |
|          | Carole Estabrooks, Professor, Faculty of Nursing, University of Alberta, and Chair of the RSC Working Group on Long-Term Care   |  |  |
| 9:40 am  | Discussion  |  |  |
|          | PANEL   Social Engagement, Treatment and Prevention at all Life Stages  |  |  |
| 10:15 am | This panel will explore the healthcare system from a health perspective, including considerations of new medicines and new techniques, Indigenous ways of knowing, non-clinical interventions and prevention, the benefits of elder care, and our perception of elders. |  |  |
|          | Moderator   | Mireille Norris, Assistant Professor, Department of Medicine; and Faculty Lead, Black and Indigenous Medical Learners, University of Toronto |  |
|          | Panelists   | <b>Howard Feldman</b> , Professor, Department of Neurosciences, The University of California San Diego                                       |  |
|          |   | Han Li, Group Leader, Pasteur Institute  |  |
|          |   | Teresa Liu-Ambrose, Physical Therapist and Professor, The University of British Columbia   |  |
|          |   | Jessica Pace, Knowledge Program Manager, Indigenous Diabetes Health Circle   |  |
| 11:15 am | Discussion  |  |  |
| 12:15 pm | Lunch   |  |  |
| 1:15 pm  | Working Group Instructions   Salon ABC  |  |  |
| 1:30 pm  | WORKING GROUPS   Strengthening Social Engagement, Treatment and Prevention at all Life Stages   Fallsview, Niagara, Canadian Room   |  |  |
| 3:00 pm  | Working Group Readouts and Discussion   Salon ABC   |  |  |
| 4:30 pm  | Break   |  |  |
| 6:00 pm  | Dinner at Table Rock Restaurant   Shuttles begin leaving at 5:30 pm from the hotel.   |  |  |



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| WEDNESDAY, NOVEMBER 15 |  |  |  |  |
|------------------------|--|--|--|--|
| 7:00 am                | Breakfast Opens   Salon ABC  |  |  |  |
| 8:00 am                | Opening Remarks  |  |  |  |
| 8:15 am                | PANEL   Poli   | cy and Infrastructure  |  |  |
|                        | This panel will explore the healthcare system from a policy perspective, including the demographic implications of aging population, the state of Long-Term Care facilities, aging in place, caregiver supports, poverty and homeless amongst the elderly, long-term healthcare for the next generation, and human rights. |  |  |  |
|                        | Moderator  | Heather Keller, Professor, Department of Kinesiology & Health Sciences, University of Waterloo   |  |  |
|                        | Panelists  | Amanda Grenier, Professor, Factor-Inwentash Faculty of Social Work, University of Toronto  |  |  |
|                        |  | Janice Keefe, Professor, Director, Nova Scotia Centre on Aging, Lena Isabel Jodrey Chair in Gerontology,<br>Mount Saint Vincent University |  |  |
|                        |  | <b>Parminder Raina</b> , Professor, Department of Health Research Methods, Evidence, and Impact, McMaster University                       |  |  |
|                        |  | Isabelle Vedel, Associate Professor, Department of Family Medicine, McGill University  |  |  |
| 9:15 am                | Discussion   |  |  |  |
| 10:00 am               | WORKING GROUPS   Next Steps in Policy and Action   Fallsview, Niagara, Canadian Room   |  |  |  |
| 11:30 am               | Working Group Readouts and Discussion   Salon ABC  |  |  |  |
| 12:45 pm               | Closing Remarks   Jeremy McNeil, Past-President, RSC, Western University   |  |  |  |
| 1:00 pm                | Summits Concludes   Boxed lunches available  |  |  |  |



Follow the QR code to meet the speakers,
Or, go to the event at https://rsc-src.ca/en/events













