



THE 2023 RSC G7 RESEARCH SUMMIT ON HEALTHY AGING

HEALTHY PEOPLE, HEALTHY PLANET



NOVEMBER 13-15
NIAGARA FALLS
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Following the inaugural G7 Research Summit on One Health in November 2022, the 2023 G7 Research Summit on Healthy Aging programme is inspired by the [declaration of the G7 Academies of Science on health and well-being](#), as well as by RSC Policy Briefings on [Post-Pandemic Healthcare in Canada](#), [The Future of Long-Term Care](#), and [Investing in Canada's Nursing Workforce Post-Pandemic](#).

Coming up on the 40th anniversary of the Canada Health Act and the 50th Anniversary of the Lalonde Report, emerging from the COVID-19 pandemic, and with an increasingly aging population, Canada is at a point where it needs to reflect on the structure and functioning of its healthcare system. Over the course of 1.5 days, scholars from across disciplines and across generations will take a global view through a Canadian lens to explore new paradigms of preventive care; new treatments including gene editing; and built environments that facilitate healthy aging for Canadians in all stages of life.

G7 summits are premised on the active participation of all delegates throughout the proceedings. In this instance, approximately 100 experts from throughout Canada as well as invited international guests with leadership roles in a variety of research and policy sectors are being invited to contribute to setting next steps in research, action, and policy.

| MONDAY, NOVEMBER 13 | |
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| 6:00 pm | Opening Reception |
| TUESDAY, NOVEMBER 14 | |
| 6:30 am | Breakfast Opens Morton's Grille |
| 8:15 am | Welcome and Territorial Acknowledgment |
| 9:00 am | KEYNOTE Carole Estabrooks, FRSC |
| 9:40 am | Discussion |
| 10:15 am | PANEL Social Engagement, Treatment and Prevention at all Life Stages |
| | This panel will explore the healthcare system from a health perspective, including considerations of new medicines and new techniques, Indigenous ways of knowing, non-clinical interventions and prevention, the benefits of elder care, and our perception of elders. |
| 11:15 am | Discussion |
| 12:15 pm | <i>Lunch</i> |
| 1:15 pm | Working Group Instructions |
| 1:30 pm | WORKING GROUPS Strengthening Social Engagement, Treatment and Prevention at all Life Stages |
| 3:00 pm | Working Group Readouts and Discussion |
| 4:30 pm | <i>Break</i> |
| 6:00 pm | Dinner at Table Rock Restaurant |



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| WEDNESDAY, NOVEMBER 15, 2023 | |
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| 6:30 am | Breakfast Opens Morton's Grille |
| 8:00 am | Opening Remarks |
| 8:15 am | PANEL Policy and Infrastructure |
| | This panel will explore the healthcare system from a policy perspective, including the demographic implications of an aging population, the state of Long-Term Care facilities, aging in place, caregiver supports, poverty and homelessness amongst the elderly, long-term healthcare for the next generation, and human rights. |
| 9:15 am | Discussion |
| 10:00 am | WORKING GROUPS Next Steps in Policy and Action |
| 11:30 am | Working Group Readouts and Discussion |
| 12:45 pm | Closing Remarks |
| 1:00 pm | <i>(Lunch will be available)</i> |